



ITG Antiox™ synergistically combines many nutrients that have a positive effect on the immune system. This formula contains multiple nutrients known to raise glutathione levels making it helpful for supporting phase II liver detoxification. It also combats free radicals and helps detoxify harmful chemicals including heavy metals. L-Leucine when taken with NAC prevents mercury from being reabsorbed into the central nervous system. ITG Antiox is also designed to aid the production of metallothionein. The vitamin E is 60% gamma, mixed tocopherols. Lipoic acid regenerates vitamins E and C and supplies sulfur for detoxification. This powerful formula also provides the well-researched antioxidants green tea, grape seed extract and curcumin.

### Unique Features of ITG Antiox

- Lipoic Acid regenerates the Vitamin E and C in this formula so they can have long acting antioxidant activity. It also provides SH (sulfhydryl groups) that protect against metal toxicity including iron and copper.
- Vitamin E protects cell membranes from oxidative destruction and retards breakdown of cell membranes. Literature shows that vitamin E can reduce the toxic effects of mercury. Vitamin E reduces chromosomal breakage and has sulfhydryl- protective abilities.
- Selenium helps to make glutathione enzymes needed for liver detoxification of harmful chemicals. This is the primary nutrient for binding mercury to allow for its excretion. Selenium also enhances the antioxidant abilities of vitamin E.
- The zinc and selenium are bound to methionine which aids the synthesis of metallothionein, the important zinc binding protein, known to aid the removal of heavy metals such as cadmium. Methionine is a sulfur containing amino acid involved in Phase II detoxification.
- Polyphenols from grape seed extract and green tea have been shown to protect against iron and copper toxicity by chelating them.

<b>Supplement Facts</b>			
Serving Size 2 capsules			
Servings per container 30			
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	500 mg 833%	High-Gamma Mixed Tocopherols (as d-gamma, d-delta, d-alpha, d-beta)	105 mg *
Vitamin E (as d-alpha tocopherol)	8 IU 23%	Alpha Lipoic Acid	90 mg *
Biotin (as d-Biotin)	150 mcg 50%	Green Tea Extract ( <i>Camellia sinensis</i> )(leaf)	50 mg *
Zinc (TRAACS® Zinc Glycinate Chelate)	15 mg 100%	[standardized to contain 98% polyphenols and 45% EGCG]	
Selenium (as Selenomethionine)	100 mcg 143%	Turmeric ( <i>Curcuma longa</i> )(root)	50 mg *
Manganese (TRAACS® Manganese Glycinate Chelate)	3 mg 150%	[standardized to contain 95% curcuminoids]	
Molybdenum (TRAACS® Molybdenum Glycinate Chelate)	100 mcg 133%	Grape Seed Extract (Leucoselect® Phytosome®)( <i>Vitis vinifera</i> )(seed)	50 mg *
N-Acetyl-Cysteine (NAC)	250 mg *	[standardized to contain 95% oligomeric proanthocyanidins complexed with phosphatidylcholine]	
Leucine	150 mg *		

**Other Ingredients:** Microcrystalline cellulose, vegetable stearate, silicon dioxide.  
60 Vegetarian Capsules